



பல்கலைக்கழக மாணவர்களின் கல்வி மற்றும் இணை பாடவிதானச்
செயற்பாடுகளில் நிகழ்நிலை கற்கை ஏற்படுத்திய தாக்கத்தினை நல்வாழ்வுக்
கோட்பாட்டு PERMA மாதிரியினூடாக ஆராய்தல்

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Abstract

The objective of this study is to find out the impact of online learning on university students' education and extra-curricular activities using primary data, which are collected by the simple proportional method. The questionnaire method, focus group discussion and interview method were used to collect the data. Data were analyzed using theoretical analysis through the PERMA model. This study found that the home environment is not seen as calm, and conducive to online learning, the issues of internet access and problems have been identified and the students have lost extra-curricular activities such as sports events, cultural events, student council and educational tours. Furthermore, the results of the study indicate that online learning has had positive and negative impacts on students' academic and extra-curricular activities. At the same time, this study suggests that universities and the University Grants Commission implement policies and procedures to engage students in extracurricular activities through virtual participation.

Keywords: E-learning, PERMA, extracurricular - activities, well-being