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## **INTELLIGENT, SECURED SMART APP FOR COMPLETE DIABETES LIFESTYLE MANAGEMENT – “DIABETA”**

J.T.N.N. Jayasekara<sup>a\*</sup>, R.H. Gunasekera<sup>a</sup>, V.G. Ravindu Hasanka<sup>b</sup>, H.B.G.  
Hasintha Kashmika<sup>c</sup>, P.K. Suriyaa Kumari<sup>c</sup>, N.H.P. Ravi Supunya  
Swarnakantha<sup>c</sup>

<sup>a</sup>*Department of Software Engineering, Faculty of Computing,  
Sri Lanka Institute of Information Technology, Malabe, Sri Lanka.*

<sup>b</sup>*Department of Information Technology, Faculty of Computing,  
Sri Lanka Institute of Information Technology, Malabe, Sri Lanka.*

<sup>c</sup>*Department of Computer Systems & Network Engineering, Faculty of Computing,  
Sri Lanka Institute of Information Technology, Malabe, Sri Lanka.*

*\*nethsaraj@gmail.com*

### **Abstract**

Especially today's society tends to use new technological devices instead of relying on document materials in daily life. While there are diabetes-related apps that more accurately predict users' prediabetes or diabetes type 2 using machine learning approaches, predicting health risks by analyzing glucose monitoring data, recommend meal and exercise plan, and using a non-invasive approach to measure and monitor blood glucose level, heart rate and blood oxygen level, and over Wi-Fi using NodeMCU makes the proposed DiaBeta application unique among diabetes applications. Other secondary functions such as digital logbook, reminders, lifestyle-based meal recommendation, medical guidelines, and efforts such as glucose monitoring data can be easily performed with a smartphone. DiaBeta is a life-saving app that can be used anyone around the world to get a more accurate and personalized meal plan. DiaBeta offers precise, clinical, validated, and standardized solution for diabetes patient.

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