

Influence of Depression and Anxiety on Psychological Well-Being of People Affected By War

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ABSTRACT. The Present study made an attempt to indentify the Influence of Depression and Anxiety on Psychological Well-being among people affected by War. The Objectives of the study will be 1) To find out the relationship between Depression, Anxiety and Psychological Well-being of people affected by war. 2)To find out the gender difference in Depression, Anxiety and Psychological Well-being of people affected by war. 3) To find out the influence of Age on Depression, Anxiety and Psychological Well-being of people affected by war. 4) To find out the effect of Psychological intervention on Depression, Anxiety and Psychological Well-being of people affected by war.

In order to fulfill these objectives of the study, a sample of 150 people affected in war will be selected. The age range of the sample varied from 12 to 60. The tools use for the study will be Beck's Depression Inventory (Beck, 1996), State and Trait Anxiety Inventory (Spielberger ,1970) and Psychological Well-being Questionnaire (Goldberg, 1982). The collected data will be analyzed using Pearson correlation, 't'- test and ANOVA. The results obtained will BE discussed.

Key words: Depression, Anxiety, Psychological well being.

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